1 **Present and apologies for absence**.

Present: Alun, Ewan, Bernie, Donna, Clare, Martin, Tim, Stuart

Apologies: Helen, David

2 **Minutes of the last meeting** held on 16/6/22

Agreed as a correct record

Action points

Job Descriptions - Alun will mail out what has been done so far **action - Alun**

Tabards for run leaders - Alun -Postponed in view of financial situation

Vets race check - Alun - Done

Esholt relays - Stuart/Helen Done

Even splits relays - Stuart - Done

BMWR date - Agreed 11/6/23

Tidying up mailing lists etc - Martin/Alun - progressing

Non renewers lists - Martin - circulated

3 **Future Events**

LCWR 4th Sept 2022

We have 2 teams

Northowram Pumas visit

Agreed to make sure we have a selection of interesting runs and to meet up at Salts Beer Factory afterwards

Strider team event

Bernie was concerned about cub cohesion and perceived elitism, and had been impressed by the handicap race that Baildon had done recently, She felt a similar event for all the club would be valuable. This was agreed and she will take this forward **action - Bernie**

Abbey Dash flyers

Josephine from Age UK is coming to club on Thursday to promote the Abbey Dash and fundraising for Age UK. Stuart expects to be there to introduce her but Alun will cover if he is delayed.

Sports Nutrition Session 18th October, Caroline Street

Louise Nash has suggested we could hold a sports nutrition session for the club led by club member and sports nutrition specialist Isabel Anders. Agreed. Alun will inform her and help with the arrangements/notification etc **action - Alun**

4 **Training**

Progress of new run leaders

Debbie Moore, Janet Bower, Heather Bayliss and John Walton have completed the course. Martin will contact Loris Dell’Amico and Josh Yeadon to see where they are up to

**action - Martin**

Change of Track day

Taking into account all feedback from track users and club members it was agreed to continue with the dedicated coached track session on Wednesdays when it reopens. We will promote Tuesdays as a session anyone can book for, and suggest that if groups want to go together they can communicate on facebook. Also agreed to keep the price at £2 per runner for now in the hope that numbers in the Autumn will be higher but review this in January.

Structured Training

In the light of low attendances this will be stopping

5 **Financial**

Tim Presented his monthly report which was noted with thanks. He presented specific report on the BMWR which made a loss of £700 instead of the expected profit. The main reason for this was the low number of entries, but there were other issues including the entry fees, and other unexpected costs. Anthea had sent in a report which highlighted similar issues. We agreed there was no need to make decisions on some things urgently, but that as the date was fixed Anthea is keen to email out to clubs who have entered in the past to get the date in their diaries early. It is already on the Website and has been tweeted out by Jen

Quarterly Budget update - This was presented by Tim, as noted above the main variance from budget was the BMWR. Other ‘red’ lines were the John Carr race which has not gone ahead this year, and a greater than budgeted cost for new Run Leaders

We have received an email from High5 sports nutrition about a discount scheme with some potential benefits to the club. Ewan will look into this **action - Ewan**

6 **Membership**

We have a total of 216 members - 178 full, 11 second claim, 21 non competitive and 6 honorary which is up from 196 reported at the last meeting. Renewals are still trickling in before the August deadline for EA registration to lapse. There are still 42 members who have not responded.

Agreed to send a final email after registration has lapsed informing them of this and at that point set about tidying up eg access to Striders Chat, but to keep the details on Webcollect as “Lapsed” until the next membership year **action - Martin, Donna**

7 **EGM**

Alun presented his suggestions for the EGM. Agreed that this will take place on Monday 3rd October at 8pm at Caroline Street and that it shouldn’t last much more than half an hour. He will mail out the notices etc **action - Alun**

8 AGM 2022 10th November

posts up for election

These are Mens Captain, Social secretary, Welfare officer. Executive officer without portfolio and BMWR Chair. In all these cases the post holder is eligible to stand again. We also have vacancies for John Carr Chair and Chair of Coaches due to resignations.

It was noted that EA requires us to have two Welfare Officers and we agreed to Co-opt Bernie to this role and to remove the post of officer without portfolio as we can always co-opt a member if we need a specific role fulfilling.

The change to two welfare officers and removal of the WP post can be added to the committee changes at the EGM **action - Alun**

It was note that Jen’s role as controller of Twitter wasn’t formally recognised but felt that this could be delegated by David in his role as communications officer to make the link with the committee.

Donna reminded us that we hadn’t made the amendments to allow 16-18yo members in the proposed information for the EGM but as this was not urgent it could be done at the AGM

9 **Social Events**

Christmas do 3rd December

Helen had circulated some info abut having an event at the Salts Beer Factory as an alternative to the previously suggested Golf Club. All were happy with this and it was agreed she could go ahead and book as she saw fit **action - Helen**

Pie and Peas 22nd December

Previously agreed as Helen not here we couldn’t confirm it had been booked but presume so

**action - Helen**

10 **Welfare issues**.

We sent our best wishes and will send a gift to a member who has had quite a bad cycle accident. Stuart has visited and he would welcome other visitors

Congratulations and a gift will be sent to a member who is a new father

11 **Any other Business**

Monday night runs

It was noted that numbers for Monday night runs are getting larger and it was suggested that we could offer an additional group on Mondays

Couch to 5k/Beginners Group

It was suggested that we should consider running another beginners group to try and attract new members

12 **Date of next meeting**

28th September 7.30 Groove pad