**Saltaire Striders**

**Minutes of the Annual General meeting**

Held on10th November 2022 at 8.15 at the Caroline Street Club

1) Present and Apologies

There were approximately 70 members present.

Apologies were received from: Martin Love, Michelle Ayres, Helen Brant, Mick Jones, Steve Fowler and Gary Pennington

2) Minutes of the last AGM 11th November 2021 had been circulated and were noted

3) Election of officers

Alun reported that one nomination had been received by the deadline for the following posts, so the nominee was elected unopposed

Captain (Men) Stuart Dunbar

Welfare Officer Donna Pollard

BMWR Chair Anthea Griffiths

Runs organiser Wendy Hey

John Carr Chair Rachel Parker

In line with the constitution, nominations were then invited for the remaining posts. One was received for each post so the following were elected unopposed

Social Secretary Stewart Spink

Training and Coaching Coordinator Louise Nash

Welfare Officer Anthea Griffiths

4) Treasurer’s Report

The financial statements and report of the independent examiner (Ian Jenkins) had been circulated. Tim illustrated how the money was spent with a load of balls which was greatly appreciated.

Mike Moss asked if we felt we were getting value from our subscription to Northern Athletics. He felt if we were going to pay we should attempt to get more participation in NA events, and publicise them better. This will be further discussed at committee with a view to reviewing in a years time

The accounts were accepted and Ian was thanked and asked to continue.

5) Chairman’s Report

Ewan looked back on an interesting year. He thanked the committee members and especially outgoing members Helen Brant, Bernie Bowden and Richard West. He welcomed new members and thanked them for stepping up to support the club in this way.

He noted hat there had been many great individual performances and especially the numbers of runners who were stepping up their distances and even taking on ultra events.

He welcomed the new run leaders and coaches and encouraged members to take advantage of the advice that the coaches could give.

Finally he thanked the members of the club for their involvement, and noted that even when there had been contentious issues, and debate had been passionate, it had also been constructive and respectful.

Looking to the future he hoped that our new members would continue to get more involved in the running and social life of the club and that older members would continue to be encouraging and welcoming.

6) Membership update and 2022/23 fees

The recommendation from the management committee as to the new fees had been circulated Tim explained that EA registration had increased again and though we had adsorbed this last year we could not do so again. and so fees were recommended to increase by £2 for full members, but with no increase for non-competing members and second claim members who do not pay the EA fee. He confirmed that members joining through the year would pay reduced fees on a sliding scale although the EA fee was unchanged except for new members registering in March who get 13 months registration.

The recommendation was approved with 2 abstentions.

7) Constitutional Amendment

Alun introduced the proposal from the committee. In response to questions Donna confirmed that she had taken advice from EA and looked at other clubs documentation and was confident that with a process for parental consent added there were no issues that would prevent this change. The proposed amendment :

**in Section 4 (membership)**

**Replace**

**“The minimum age for membership is 18 years”**

**with**

**“The minimum age for membership is 16 years”**

Was passed with none against and 2 abstentions.

8) Captains’ Address

Stuart Dunbar spoke on behalf of both captains, unfortunately Clare was unable to attend.

He referred to some excellent team performances in the PECO xx series, Vets races, BMWR, LCWR and CWR. In the Even Splits 5K series and the NA 12 stage relays. There were also a number of individual category winners and ‘podium places”

Looking to the future He had an ambition to grow the club, particularly at the younger end. He hoped we would continue to improve in the PECOs and keep all teams, including the newly promoted ladies team in the premiere divisions. He wanted to see more teams and individuals in the NA events and in the local relays. In support of this we will endeavour to give good notice of key events and do everything to encourage participation

9) Proposed Club Trip (Uppsala)

Stewart Spink spoke about the trip he was planning to organise and asked anyone interested to get in touch.

10) Club Championship

The Club Championship year has been changed to coincide with the membership year ie from 1st April to 31st March. The list of races would be released in the near future and suggestions for other events were welcomed.

11) London Marathon Ballot

20 Striders had been entered in the club ballot and the lucky members drawn out of the hat by Mike Moss were Igs Robun and Jez Rix

12) Any other Business

Louise Nash reminded everyone about the sports nutrition session she and Izzy were putting on at the Baildon Link on 22nd November. All are encouraged to attend this introductory session. If it proves successful it is hoped to provide some more sessions tailored to specific events.